



PATIENT INFORMATION



| NAME: Julie B. | HOME COUNTRY: United States |
|-----------------------|---------------------------------|
| INSURANCE: N/A | REASON FOR VISIT: shoulder pain |
| GENDER: Male K Female | VISIT DATE: July 19, 2025 |

VISIT SUMMARY

You were seen by Ellie H, PA today for your shoulder pain.



Imaging Done Today

We did an x-ray today of the right shoulder and clavicle. These results should be available in the next few days. Our staff will call you with x-ray results. You will be able to receive a copy as well.



Medications Prescribed Today

Medication has been administered and prescribed to help the pain. This has been sent to your area pharmacy. Take up to three times per day as needed.



At Home Care

A sling has been provided today for comfort until the final x-rays are received. After 1 week, begin trying to maintain shoulder range of motion as you are able to tolerate to prevent frozen shoulder.



Referrals Made Today

We placed a referral to Legacy Orthopedics for follow up. They will contact you shortly about scheduling an appointment, free of charge. Dependent on their findings, it is possible that they will connect you to Therapy Partners of North Texas. These services will also be provided for free.

PASTORAL CARE NOTES

July 2025

Julie is currently a caregiver for her mother and has faced a number of difficult life events right now. She is feeling overwhelmed. We discussed faith, and she shared she is a Follower of Jesus and a member of a church near her home. We prayed together.

- Rachel O, Nurse and Shift Leader

REFERRAL NETWORK

You have been added to the Watermark Health Referral Network. Please let our team know if you have any questions or need assistance in navigating further care for this issue.



FOLLOW UP

Please feel free to return to the clinic for other Urgent Care Needs.

We are glad you are involved in a local church. Let us know if there are any other ways we can encourage you in this season!

The Lord is close to the brokenhearted and saves those who are crushed in spirit. - Psalm 34:18